

SUN	MON	TUE	WED	THUR	FRI	SAT
			11:00 AM VirtuSense w/ Select Rehab (HH) 2:00 PM Rachel's Exercise Class (HH) 5:30 PM Out to Dinner - The Mayflower Pub (LB\$) 7:15 PM Evening Cinema - The Men Who Built America (Part 1) (HH)	Groundhog Day 10:30 AM Fireside Chat (HH) 1:30 PM Chamber Music Marin (HH) 3:00 PM Scrabble (3LL) 3:00 PM Upper/Lower Body Strength Training (HH)	9:30 AM Friday 5-Mile Shopping w/ Victor (LB) 11:00 AM Line Dancing w/ Light Aerobics (HH) 1:30 PM Art Lecture with Laura Sheffler - 'Artists Inner Conversations' (HH) 4:45 PM Happy Hour (MDR) 7:15 PM Friday Cinema - The Men Who Built America (Part 2) (HH)	11:00 AM Rhythm & Balance w/ Torri (HH) 1:30 PM Bridge (3LL)
10:30 AM Strength & Tone w/ Beth (HH) 1:30 PM Rummikub in the Afternoon (3LL)	9:30 AM Let's Go Shopping! Vintage Oaks - Novato (LB) 1:30 PM Monday Dominos (3LL) 2:00 PM Strength & Balance w/ Select Rehab (HH) 4:30 PM Pine Park Health presents a health lecture about 'Mobility' (HH)	11:00 AM Stretching w/ Back Care (HH) 12:30 PM IL Resident Birthday (MDR) 1:30 PM Rummikub in the Afternoon (3LL)	10:45 AM Bible History Class (HH) 11:00 AM VirtuSense w/ Select Rehab (HH) 2:00 PM Rachel's Exercise Class (HH) 7:15 PM Evening Cinema - Rain Man (HH)	10:00 AM Communion Service Non-denominational (HH) 1:30 PM Art Class w/ Katya (Apt 201) 3:00 PM Scrabble (3LL) 3:00 PM Upper/Lower Body Strength Training (HH) 4:00 PM Bread & Roses present Pat & Joe Singing Duo (HH)	9:15 AM Catholic Communion Service (HH) 9:30 AM Friday 5-Mile Shopping w/ Victor (LB) 11:00 AM Line Dancing w/ Light Aerobics (HH) 1:30 PM Author's Talk - 'Beautiful Illusion' by Christie Nelson (HH) 4:45 PM Happy Hour (MDR) 7:15 PM Friday Cinema - 'My Octopus Teacher' Documentary (HH)	11:00 AM Rhythm & Balance w/ Torri (HH) 1:30 PM 'Love Letters' performed at the Lark Theater (LB\$) 1:30 PM Bridge (3LL)
Super Bowl LVII (57) Sunday 10:30 AM Strength & Tone w/ Beth (HH) 1:30 PM Rummikub in the Afternoon (3LL) 2:30 PM Our Art Group (HH) 3:00 PM Super Bowl LVII Party (HH)	9:30 AM Target Shopping Bus (LB) 1:30 PM Monday Dominos (3LL) 2:00 PM Strength & Balance w/ Select Rehab (HH)	Valentine's Day 10:00 AM Gym Equipment Training (Gym) 11:00 AM Stretching w/ Back Care (HH) 1:30 PM Rummikub in the Afternoon (3LL) 2:00 PM Library Shuttle (LB) 4:00 PM Valentine's Day Cocktail and Dinner Party (MDR)	11:00 AM Book Club Meeting (3FL) 11:00 AM VirtuSense w/ Select Rehab (HH) 2:00 PM Rachel's Exercise Class (HH) 7:15 PM Evening Cinema - 'Prime' (HH)	10:30 AM Marin History Museum - 'Unbottled' (LB) 2:00 PM Cuisine Meeting with Chef Josh (MDR) 3:00 PM Scrabble (3LL) 3:00 PM Upper/Lower Body Strength Training (HH) 4:30 PM Piano Potpourri with Paul Mihaly (HH)	Random Acts of Kindness Day 9:30 AM Friday 5-Mile Shopping w/ Victor (LB) 11:00 AM Line Dancing w/ Light Aerobics (HH) 4:45 PM Happy Hour (MDR) 7:15 PM Friday Cinema - 'Cyrano' (HH)	11:00 AM Rhythm & Balance w/ Torri (HH) 1:30 PM Bridge (3LL) 6:15 PM Marin Symphony POPS CLASSIC BROADWAY CONCERT: YOUR FAVORITE HITS (LB)
10:30 AM Strength & Tone w/ Beth (HH) 1:30 PM Rummikub in the Afternoon (3LL) 2:30 PM A Celebration for YOU! - Presented by the City of San Rafael (LB)	President's Day Van Not Available 1:30 PM Monday Dominos (3LL) 2:00 PM Strength & Balance w/ Select Rehab (HH)	Mardi Gras 11:00 AM Stretching w/ Back Care (HH) 11:30 AM Out to Lunch - Celia's Mexican Restaurant (LB\$) 1:30 PM Rummikub in the Afternoon (3LL) 6:30 PM Fitz & Webber Music Duo (MDR after Dinner)	11:00 AM VirtuSense w/ Select Rehab (HH) 2:00 PM Rachel's Exercise Class (HH) 7:15 PM Evening Cinema - 'Hummingbirds' Documentry (HH)	10:00 AM Board Meeting 1:30 PM Art Class w/ Katya (Apt 201) 2:00 PM Activity Planning Meeting (HH) 3:00 PM Scrabble (3LL) 3:00 PM Upper/Lower Body Strength Training (HH)	9:30 AM Friday 5-Mile Shopping w/ Victor (LB) 11:00 AM Line Dancing w/ Light Aerobics (HH) 1:30 PM A Musical Afternoon with Ian Scarfe (HH) 4:45 PM Happy Hour (MDR) 7:15 PM Friday Cinema - The Sting' (HH)	11:00 AM Rhythm & Balance w/ Torri (HH) 1:30 PM Bridge (3LL)
10:30 AM Strength & Tone w/ Beth (HH) 1:30 PM Rummikub in the Afternoon (3LL)	1:30 PM Monday Dominos (3LL) 2:00 PM Strength & Balance w/ Select Rehab (HH)	10:00 AM Gym Equipment Training (Gym) 11:00 AM Stretching w/ Back Care (HH) 1:30 PM Rummikub in the Afternoon (3LL) 2:00 PM Library Shuttle (LB)		LOCATION KEY 3LL - 3rd FL. Lounge HH - Hendrix Hall LB - Lobby MDR - Main Dining Room	Ongoing Activities Bocce M-SAT @10am (2L) Open Art Studio M-F 11am-5pm in Apt 201 Just knock if door is closed	

