SUN	MON	TUE	WED	THUR	FRI	SAT
8:00 AM The Perk & Room Visits 2:15 PM Dominoes (AI) 2:30 PM Crafts w/ Wubi (Hendrix Hall) 3:30 PM Sunday Snack (DR)	8:00 AM Room Visits & The Perk 10:30 AM FRESH Flower Arrangements (MDR) 11:00 AM Exercise w/ Ruth (AL) 2:00 PM Rummikub 3:30 PM Snack & Chat	9:30 AM Room Visits 10:30 AM Music with Leslie (MC) 11:00 AM Move & Groove w/ Gracie (Assisted Living Activity Room) 2:00 PM Bingo! (AL) 2:00 PM Lucie Charkin Art Lecture (HH) 3:30 PM Tea Party	9:00 AM Room Visits 10:00 AM Scenic Drive (EC / AL / MC) 11:00 AM Tech Time with Eliana (HH) 1:30 PM Mutiville Visit (EC / AL / MC) 2:00 PM Music with Cynthia (MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:00 PM Marie's Creative Writing Class (Hendrix Hall) 3:30 PM Snack & Chat 4:00 PM Evening movie	10:00 AM Coffee & 5 Trivia 10:30 AM Music with Peter (MC) 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi w/ AL (Assisted	9:30 AM Catholic Communion Service St. Raphael's Church (HH) 9:30 AM Room Visits 11:00 AM Move & Groove w/ Gracie (A.L) 2:00 PM manicure (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:30 AM Room Visits 10:00 AM walking Group 11:00 AM Reading Circle 2:00 PM Bingo! 3:30 PM Ice Cream Social 3:30 PM Tea/coffee and pastries
Room Visits 10:15 AM Morning Exercise (AL) 2:15 PM Dominoes (Al) 2:30 PM Crafts w/ Wubi (Hendrix Hall) 3:30 PM Sunday Snack (DR)	8:00 AM Room Visits & The Perk 11:00 AM Exercise w/ Ruth (AL) 2:00 PM Picture Day (Hendrix Hall) 2:00 PM Rummikub 3:30 PM Snack & Chat	9:30 AM Room Visits 11:00 AM Move & Groove w/ Gracie (Assisted Living Activity Room) 1:00 PM Chef Chat (MDR) 2:00 PM Bingo! (AL) 3:30 PM Tea Party 6:30 PM Todos Santos (MDR)	9:00 AM Room Visits 10:00 AM Scenic Drive (EC / AL / MC) 11:00 AM Tech Time with Eliana (HH) 2:00 PM Music with Cynthia (MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Art Lecture with Laura Shefler (HH) 3:30 PM Snack & Chat 4:00 PM Evening movie	10:00 AM Coffee & Trivia 10:30 AM Music with Peter (MC) 10:30 AM PinePark - Fall Prevention Talk (Hendrix Hall) 1:15 PM Tai Chi w/ AL (Assisted Living Activity Room)	9:30 AM Room Visits 10:30 AM Sing with Slim (MC) 11:00 AM Move & Groove w/ Gracie (A.L) 2:00 PM manicure (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:30 AM Room Visits 10:00 AM walking Group 11:00 AM Reading Circle 2:00 PM Bingo! 3:30 PM Tea/coffee and pastries
 8:00 AM The Perk & Room Visits 10:15 AM Morning Exercise (AL) 2:15 PM Dominoes (Al) 2:30 PM Father's day Gift Drop Off (Room Visits) 2:30 PM Musical Afternoon w/ Spense Quint (Assisted Living Activity Room) 3:30 PM Sunday Snack (DR) 	8:00 AM Room Visits & The Perk 10:30 AM Fresh Flower Arrangements (MDR) 11:00 AM Exercise w/ Ruth (AL) 2:00 PM Rummikub 3:30 PM Snack & Chat	9:30 AM Room Visits 10:30 AM Music with Leslie (MC) 11:00 AM Move & Groove w/ Gracie (Assisted Living Activity Room) 2:00 PM Sing w/ Kathy (Hendrix Hall) 3:30 PM Tea Party	9:00 AM Room Visits 10:00 AM Scenic Drive (EC / AL / MC) 11:00 AM Tech Time with Eliana (HH) 2:00 PM Music with Cynthia (MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:00 PM Marie's Creative Writing Class (Hendrix Hall) 3:30 PM Snack & Chat 4:00 PM Evening movie	10:00 AM Coffee & Trivia 10:30 AM Coffee with Mike (H.H) 10:30 AM Music with Peter (MC)	9:30 AM Room Visits 11:00 AM Move & Groove w/ Gracie (A.L) 2:00 PM manicure (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:30 AM Room Visits 10:00 AM walking Group 11:00 AM Reading Circle 2:00 PM Bingo! 3:30 PM Ice Cream Social 3:30 PM Tea/coffee and pastries
8:00 AM The Perk & Room Visits 10:15 AM Morning Exercise (AL) 2:15 PM Dominoes (Al) 3:30 PM Sunday Snack (DR)	8:00 AM Room Visits & The Perk 11:00 AM Exercise w/ Ruth (AL) 2:00 PM Rummikub 3:30 PM Snack & Chat	9:30 AM Room Visits 10:30 AM Power of Music with Kathy (AL) 11:00 AM Move & Groove w/ Gracie (Assisted Living Activity Room) 2:00 PM Bingo! (AL) 3:30 PM AL/EC/MC Birthday Bash (AL)	9:00 AM Room Visits 11:00 AM Picnic at McNears Beach (EC / AL / MC) 11:00 AM Tech Time with Eliana (HH) 2:00 PM Music with Cynthia (MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:00 PM Monthly Activities Meeting (Hendrix Hall) 3:30 PM Snack & Chat 4:00 PM Evening movie	10:00 AM Coffee & Trivia 10:30 AM Music with Peter (MC) 11:00 AM Total Brain Health: Nine Steps to Building Better Cognitive Fitness Webinar Presentation (Hendrix Hall) 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi w/ AL (Assisted Living	9:30 AM Room Visits 11:00 AM Move & Groove w/ Gracie (A.L) 1:30 PM Gustavo Romero Classical Piano Perfromance (HH) 2:00 PM manicure (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:30 AM Room Visits 10:00 AM walking Group 10:30 AM Sing with Slim (MC) 11:00 AM Reading Circle 2:00 PM Bingo! 3:30 PM Tea/coffee and pastries
8:00 AM The Perk & Room Visits 10:15 AM Morning Exercise (AL) 2:15 PM Dominoes (Al) 2:30 PM Crafts w/ Wubi (Hendrix Hall) 3:30 PM Sunday Snack (DR)	8:00 AM Room Visits & The Perk 10:30 AM Zero Waste Marin Presentation (Hendrix Hall) 11:00 AM Exercise w/ Ruth (AL) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 3:30 PM Snack & Chat					

June 2025

Assisted Living Activity Calendar

