

SUN	MON	TUE	WED	THUR	FRI	SAT
8:00 The Perk & Room Visits 2:15 Dominoes (Al) 3:30 Sunday Snack (DR)	<b>1</b> 8:00 Room Visits & The Perk <b>10:30 FRESH Flower Arrangements (MDR)</b> 11:00 Exercise w/ Ruth (AL) 3:30 Snack & Chat	<b>3</b> 9:30 Room Visits 10:00 Reading Circle <b>10:30 Music with Leslie (MC)</b> 11:00 Move & Groove w/ Gracie (Assisted Living Activity Room) 2:00 Bingo! (AL) <b>2:00 Lucie Charkin Art Lecture (HH)</b> 3:30 Tea Party 5:30 Plant Watering with Gracie	<b>4</b> 9:00 Room Visits <b>10:00 Scenic Drive (EC / AL / MC)</b> <b>1:30 Muttville Visit (EC / AL / MC)</b> <b>2:00 Music with Cynthia (MC)</b> 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 2:30 Documentary 3:30 Snack & Chat 4:00 Color Creativity	<b>5</b> 9:30 Room Visits <b>10:30 Music with Peter (MC)</b> 11:00 Walk out side 1:15 Tai Chi w/ AL (Assisted Living Activity Room) 5:00 Plant Watering with Gracie	<b>6</b> <b>9:30 Catholic Communion Service St. Raphael's Church (HH)</b> 9:30 Room Visits 11:00 Move & Groove w/ Gracie (A.L) 2:00 manicure (MC/AL) 3:30 Snack & Chat 4:00 Friday Movie & Popcorn	<b>7</b> 9:30 Room Visits 10:15 Reading Circle 11:00 Perk & Word Search Puzzle 11:30 Balloon Toss 3:30 Ice Cream Social
<b>8</b> 8:00 The Perk & Room Visits 10:15 Morning Exercise (AL) 2:15 Dominoes (Al) 3:30 Sunday Snack (DR)	<b>9</b> 8:00 Room Visits & The Perk 11:00 Exercise w/ Ruth (AL) <b>2:00 Picture Day (Hendrix Hall)</b> 3:30 Snack & Chat	<b>10</b> 9:30 Room Visits 10:00 Reading Circle 11:00 Move & Groove w/ Gracie (Assisted Living Activity Room) 2:00 Bingo! (AL) 3:30 Tea Party	<b>11</b> 9:00 Room Visits <b>10:00 Scenic Drive (EC / AL / MC)</b> <b>2:00 Music with Cynthia (MC)</b> 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 2:30 Documentary 3:30 Snack & Chat 4:00 Color Creativity	<b>12</b> 9:30 Room Visits <b>10:30 Music with Peter (MC)</b> <b>10:30 PinePark - Fall Prevention Talk (Hendrix Hall)</b> 11:00 Walk out side 1:15 Tai Chi w/ AL (Assisted Living Activity Room) 5:00 Plant Watering w/ Gracie (MC)	<b>13</b> 9:30 Room Visits 10:30 Sing with Slim (MC) 11:00 Move & Groove w/ Gracie (A.L) 2:00 manicure (MC/AL) 3:30 Snack & Chat 4:00 Friday Movie & Popcorn	<b>14</b> 9:30 Room Visits 10:15 Reading Circle 11:00 Perk & Word Search Puzzle 11:30 Balloon Toss
<b>15</b> 8:00 The Perk & Room Visits 10:15 Morning Exercise (AL) 2:15 Dominoes (Al) <b>2:30 Father's day Gift Drop Off (Room Visits)</b> 3:30 Sunday Snack (DR)	<b>16</b> 8:00 Room Visits & The Perk 11:00 Exercise w/ Ruth (AL) 3:30 Snack & Chat	<b>17</b> 9:30 Room Visits 10:00 Reading Circle <b>10:30 Music with Leslie (MC)</b> 11:00 Move & Groove w/ Gracie (Assisted Living Activity Room) <b>2:00 Sing w/ Kathy (Hendrix Hall)</b> 3:30 Tea Party 5:30 Plant Watering with Gracie	<b>18</b> 9:00 Room Visits <b>10:00 Scenic Drive (EC / AL / MC)</b> <b>2:00 Music with Cynthia (MC)</b> 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 2:30 Documentary 3:30 Snack & Chat 4:00 Color Creativity	<b>19</b> 9:30 Room Visits <b>10:30 Coffee with Mike (H.H)</b> <b>10:30 Music with Peter (MC)</b> 11:00 Walk out side <b>1:30 Trinity Alps Festival Players Musical Performance (Hendrix Hall)</b> 5:00 Plant Watering with Gracie	<b>20</b> 9:30 Room Visits 11:00 Move & Groove w/ Gracie (A.L) 2:00 manicure (MC/AL) 3:30 Snack & Chat 4:00 Friday Movie & Popcorn	<b>21</b> 9:30 Room Visits 10:15 Reading Circle 11:00 Perk & Word Search Puzzle 11:30 Balloon Toss 3:30 Ice Cream Social
<b>22</b> 8:00 The Perk & Room Visits 10:15 Morning Exercise (AL) 2:15 Dominoes (Al) 3:30 Sunday Snack (DR)	<b>23</b> 8:00 Room Visits & The Perk 11:00 Exercise w/ Ruth (AL) 1:30 Musical Afternoon w/ Spense Quint (Memory Care) 3:30 Snack & Chat	<b>24</b> 9:30 Room Visits 10:00 Reading Circle <b>10:30 Power of Music with Kathy (AL)</b> 11:00 Move & Groove w/ Gracie (Assisted Living Activity Room) 2:00 Bingo! (AL) 3:30 AL/EC/MC Birthday Bash (AL)	<b>25</b> 9:00 Room Visits <b>11:00 Picnic at McNears Beach (EC / AL / MC)</b> <b>2:00 Music with Cynthia (MC)</b> 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 2:30 Documentary <b>3:00 Monthly Activities Meeting (Hendrix Hall)</b> 3:30 Snack & Chat 4:00 Color Creativity	<b>26</b> 9:30 Room Visits <b>10:30 Music with Peter (MC)</b> <b>11:00 Total Brain Health: Nine Steps to Building Better Cognitive Fitness Webinar Presentation (Hendrix Hall)</b> 11:00 Walk out side 1:15 Tai Chi w/ AL (Assisted Living Activity Room) 5:00 Plant Watering w/ Gracie (MC)	<b>27</b> 9:30 Room Visits 11:00 Move & Groove w/ Gracie (A.L) <b>1:30 Gustavo Romero Classical Piano Performance (HH)</b> 2:00 manicure (MC/AL) 3:30 Snack & Chat 4:00 Friday Movie & Popcorn	<b>28</b> 9:30 Room Visits 10:15 Reading Circle 10:30 Sing with Slim (MC) 11:00 Perk & Word Search Puzzle 11:30 Balloon Toss
<b>29</b> 8:00 The Perk & Room Visits 10:15 Morning Exercise (AL) 2:15 Dominoes (Al) 3:30 Sunday Snack (DR)	<b>30</b> 8:00 Room Visits & The Perk <b>10:30 Zero Waste Marin Presentation (Hendrix Hall)</b> 11:00 Exercise w/ Ruth (AL) 2:00 Ballon Toss (EC) 3:30 Snack & Chat					