

SUN	MON	TUE	WED	THUR	FRI	SAT
					<b>9:30 Catholic Communion Service St. Raphael's Church (HH)</b> 10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 manicure (MC/AL) <b>5:00 Friday Happy Hour (MDR)</b>	11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 1:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 2:30 Crafts w/ Wubi (HH)	10:30 FRESH Flower Arrangements (MDR) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) <b>5:00 Monday Happy Hour (MDR)</b>	10:00 Guided Outdoor Walk's w/ Andrew (TBD) 1:30 Tuesday Dominos (3LL) <b>2:00 Lucie Charkin Art Lecture (HH)</b> 7:00 Tuesday Cinema (HH)	10:00 Bocce Ball (BBC) 11:00 Tech Time with Eliana (Room Visits) 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 Creative Writing Class w/ Marie (HH)	<b>10:30 Coffee with Mike (H.H)</b> 1:15 Tai Chi (AL) 3:00 Stretch & Breath Chair Exercise with Amy (HH) 7:00 Thursday Cinema (HH)	10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 manicure (MC/AL) <b>2:00 Sing with Kathy (HH)</b> <b>5:00 Friday Happy Hour (MDR)</b>	11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 1:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 2:30 Crafts w/ Wubi (HH)	10:30 Fresh Flower Arrangements (MDR) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) <b>3:30 Musical Afternoon w/ Spense Quint (HH)</b> <b>5:00 Monday Happy Hour (MDR)</b>	10:00 Guided Outdoor Walk's w/ Andrew (TBD) 11:00 Balance & Rhythm w/ Brigid (HH) <b>12:30 IL Resident Birthday (MDR)</b> 1:30 Library Shuttle 1:30 Tuesday Dominos (3LL) <b>6:30 Todos Santos (MDR)</b>	10:00 Bocce Ball (BBC) 11:00 Tech Time with Eliana (Room Visits) <b>1:00 Chef Chat (MDR)</b> 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) <b>3:30 Fall Prevention Class (HH)</b>	<b>10:00 Thursday Marin Farmers Market (San Rafael County Fairgrounds)</b> 1:15 Tai Chi (AL) <b>1:30 Art Class w/ Katya (3FL)</b> 3:00 Stretch & Breath Chair Exercise with Amy (HH) 7:00 Thursday Cinema (HH)	10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 manicure (MC/AL) <b>5:00 Friday Happy Hour (MDR)</b>	11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 1:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 2:30 Our Art Club (HH)	10:30 Fresh Flower Arrangements (MDR) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) <b>5:00 Monday Happy Hour (MDR)</b>	10:00 Guided Outdoor Walk's w/ Andrew (TBD) 11:00 Balance & Rhythm w/ Brigid (HH) 1:30 Tuesday Dominos (3LL) 7:00 Tuesday Cinema (HH)	10:00 Bocce Ball (BBC) 11:00 Book Club Meeting (3FL) 11:00 Tech Time with Eliana (Room Visits) <b>11:30 Picnic Outing (Rodeo Beach)</b> 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 Tie Die Class (HH)	<b>10:00 YMCA Swimming Outing (YMCA San Rafael)</b> 1:15 Tai Chi (AL) <b>1:30 Art Class w/ Katya (3FL)</b> 3:00 Stretch & Breath Chair Exercise with Amy (HH) 7:00 Thursday Cinema (HH)	10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 manicure (MC/AL) <b>5:00 Friday Happy Hour (MDR)</b>	11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 1:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 2:30 Crafts w/ Wubi (HH)	<b>10:00 Rosie the Riveter Outing (Rosie the Rivefer Museum)</b> 10:30 Fresh Flower Arrangements (MDR) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) <b>5:00 Monday Happy Hour (MDR)</b>	10:00 Guided Outdoor Walk's w/ Andrew (TBD) 11:00 Balance & Rhythm w/ Brigid (HH) 1:30 Library Shuttle 1:30 Tuesday Dominos (3LL) 7:00 Tuesday Cinema (HH)	10:00 Bocce Ball (BBC) <b>10:30 Monthly Activities Meeting (HH)</b> 11:00 Tech Time with Eliana (Room Visits) 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) <b>3:30 Fall Prevention Class (HH)</b>	<b>10:30 Buck Institute for Research on Aging Presentation w/ Olfat Malak (HH)</b> 1:15 Tai Chi (AL) <b>1:30 A Musical Afternoon with Ian Scarfe (HH)</b> 7:00 Thursday Cinema (HH)	10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 manicure (MC/AL) <b>5:00 Friday Happy Hour (MDR)</b>	11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 1:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 2:30 Crafts w/ Wubi (HH)	<b>LOCATION KEY</b> 3LL - 3rd FL. Lounge BBC - Bocce Ball Court HH - Hendrix Hall MDR - Main Dining Room					