

SUN	MON	TUE	WED	THUR	FRI	SAT
	<b>Labor Day</b> 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM FRESH Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 3:30 PM Snack & Chat	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:30 AM Music with Leslie (MC)</b> 11:00 AM Exercise w/ Brianna 2:00 PM Bingo! (AL) 3:30 PM Tea Party 7:00 PM Tuesday Cinema (HH)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:00 AM Scenic Drive (EC / AL / MC)</b> 11:00 AM Tech Time with Eliana (Room Visits) <b>1:30 PM Muttville Visit (EC / AL / MC)</b> 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Paint & Plant Class (SKAGEN ROOM) 4:00 PM Evening movie	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:00 AM Music with Peter (MC)</b> <b>10:00 AM Thursday Marin Farmers Market (San Rafael County Fairgrounds)</b> 1:15 PM Tai Chi (AL) <b>2:00 PM Lois Law- Celebration of Life (HH)</b> 3:15 PM Rummikub 7:00 PM Thursday Cinema (HH)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>9:30 AM Catholic Communion Service St. Raphael's Church (HH)</b> 11:00 AM Exercise w/ Brianna 2:00 PM manicure (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM walking Group 11:00 AM Rhythm & Balance w/ Torri (HH) 2:00 PM Bingo! 2:30 PM Ping Pong on the Weekend (HH) 3:30 PM Tea/coffee and pastries
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 2:15 PM Dominoes (Al) 2:30 PM Crafts w/ Wubi (SKAGEN ROOM) 3:30 PM Sunday Snack (DR)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub <b>2:30 PM Musical Afternoon w/ Spense Quint (Assisted Living Activity Room)</b> 3:30 PM Snack & Chat	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 2:00 PM Bingo! (AL) 2:00 PM Lucie Charkin Art Lecture (HH) 3:30 PM Tea Party <b>6:30 PM Wendy Fitz piano Trio (MDR)</b>	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>9:30 AM Sing With Leslie (MC)</b> <b>10:00 AM Scenic Drive (EC / AL / MC)</b> 11:00 AM Tech Time with Andrew (Room Visits) <b>11:00 PM Chef Chat (MDR)</b> 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Build a Bird House Craft Class (SKAGEN ROOM) 4:00 PM Evening movie	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:00 AM Music with Peter (MC)</b> <b>10:30 AM Coffee with Mike (H.H)</b> 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 1:30 PM Art Class w/ Katya (3FL) <b>1:30 PM Mads Telling Musical Performance (Hendrix Hall)</b> 3:15 PM Rummikub 7:00 PM Thursday Cinema (HH)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 2:00 PM manicure (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM walking Group 11:00 AM Rhythm & Balance w/ Torri (HH) 2:00 PM Bingo! 2:30 PM Ping Pong on the Weekend (HH) 3:30 PM Ice Cream Social 3:30 PM Tea/coffee and pastries
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:15 PM Dominoes (Al) 2:30 PM Crafts w/ Wubi (SKAGEN ROOM) 3:30 PM Sunday Snack (DR)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 3:30 PM Snack & Chat	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:30 AM Music with Leslie (MC)</b> 11:00 AM Exercise w/ Brianna 2:00 PM Bingo! (AL) 3:30 PM Chips&Guacamole Social 7:00 PM Tuesday Cinema (HH)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:00 AM Scenic Drive (EC / AL / MC)</b> 11:00 AM Tech Time with Eliana (Room Visits) <b>11:00 AM Picnic Outing (TBD)</b> 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Pressed Leaf Art Craft Class (SKAGEN ROOM) 4:00 PM Evening movie	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:00 AM Music with Peter (MC)</b> <b>10:30 AM Aldersly Residents Club (HH)</b> 1:15 PM Tai Chi (AL) <b>1:30 PM A Musical Afternoon w/ Ian Scarfe (Hendrix Hall)</b> <b>3:00 PM Birthday Party! (MC)</b> 3:15 PM Rummikub 7:00 PM Thursday Cinema (HH)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna <b>1:00 PM Marin History Museum Outing (Marin History Museum)</b> 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM walking Group 11:00 AM Rhythm & Balance w/ Torri (HH) 2:00 PM Bingo! 2:30 PM Ping Pong on the Weekend (HH) 3:30 PM Tea/coffee and pastries
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:15 PM Dominoes (Al) 2:30 PM Our Art Club (Hendrix Hall) 3:30 PM Sunday Snack (DR)	<b>Rosh Hashanah</b> 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 3:30 PM Snack & Chat	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 2:00 PM Bingo! (AL) 3:30 PM Tea Party 7:00 PM Tuesday Cinema (HH)	<b>Rosh Hashanah Ends</b> 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>9:30 AM Sing With Leslie (MC)</b> <b>10:00 AM Scenic Drive (EC / AL / MC)</b> 11:00 AM Tech Time with Andrew (Room Visits) 1:30 PM Scenic Drive (EC / AL / MC) <b>2:00 PM Art Lecture with Laura Shefler (HH)</b> 3:30 PM Watercolor Landscape Class (SKAGEN ROOM) 4:00 PM Evening movie	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) <b>10:00 AM Music with Peter (MC)</b> <b>10:00 AM Senior Fraud Protection Talk (Hendrix Hall)</b> 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 1:30 PM Art Class w/ Katya (3FL) <b>2:30 PM Monthly Activities Meeting (Hendrix Hall)</b> 3:15 PM Gratitude Cards 7:00 PM Thursday Cinema (HH)	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 2:00 PM manicure (MC/AL) <b>3:30 PM Sing with Kathy (Hendrix Hall)</b> 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM walking Group 11:00 AM Rhythm & Balance w/ Torri (HH) 2:00 PM Bingo! 2:30 PM Ping Pong on the Weekend (HH) 3:30 PM Ice Cream Social 3:30 PM Tea/coffee and pastries
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