

SUN	MON	TUE	WED	THUR	FRI	SAT
	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM FRESH Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Snack & Chat	1 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Music with Leslie (MC) 2:00 PM Exercise & Balloon Toss 4:00 PM Tuesday Activity Roulette (EC)	2 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 1:30 PM Multville Visit (EC / AL / MC) 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Paint & Plant Class (SKAGEN ROOM) 5:30 PM Wednesday Movie- (Dis - NG)	3 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Music with Peter (MC) 1:15 PM Tai Chi (AL) 2:00 PM Lois Law- Celebration of Life (HH) 4:00 PM Thursday Activity Roulette (EC)	4 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Catholic Communion Service St. Raphael's Church (HH) 2:00 PM manicure (MC/AL) 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	5 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Rhythm & Balance w/ Torri (HH) 2:30 PM Ping Pong on the Weekend (HH) 5:30 PM Saturday Movie-
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:30 PM Crafts w/ Wubi (SKAGEN ROOM) 3:00 PM Snack & Chat	7 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Musical Afternoon w/ Spense Quint (Hendrix Hall)	8 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 2:00 PM Exercise & Balloon Toss 2:00 PM Lucie Charkin Art Lecture (HH) 4:00 PM Tuesday Activity Roulette (EC) 6:30 PM Wendy Fitz piano Trio (MDR)	9 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Sing With Leslie (MC) 10:00 AM Scenic Drive (EC / AL / MC) 1:00 PM Chef Chat (MDR) 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Build a Bird House Craft Class (SKAGEN ROOM) 5:30 PM Wednesday Movie- (Dis - NG)	10 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Music with Peter (MC) 10:30 AM Coffee with Mike (H.H) 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 1:30 PM Mads Tolling Musical Perfomance (Hendrix Hall) 4:00 PM Thursday Activity Roulette (EC)	11 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 2:00 PM manicure (MC/AL) 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	12 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Rhythm & Balance w/ Torri (HH) 2:30 PM Ping Pong on the Weekend (HH) 3:30 PM Ice Cream Social 5:30 PM Saturday Movie-
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:30 PM Crafts w/ Wubi (SKAGEN ROOM) 3:00 PM Snack & Chat	14 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Snack & Chat	15 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 2:00 PM Exercise & Balloon Toss 4:00 PM Tuesday Activity Roulette (EC)	16 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Music with Leslie (MC) 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Pressed Leaf Art Craft Class (SKAGEN ROOM) 5:30 PM Wednesday Movie- (Dis - NG)	17 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 11:00 AM Picnic Outing (TBD) 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Birthday Party! (MC) 4:00 PM Thursday Activity Roulette (EC)	18 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	19 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Rhythm & Balance w/ Torri (HH) 2:30 PM Ping Pong on the Weekend (HH) 5:30 PM Saturday Movie-
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:30 PM Our Art Club (Hendrix Hall) 3:00 PM Snack & Chat	21 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna (AL) 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Snack & Chat	22 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 2:00 PM Exercise & Balloon Toss 4:00 PM Tuesday Activity Roulette (EC)	23 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Sing With Leslie (MC) 10:00 AM Scenic Drive (EC / AL / MC) 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Art Lecture with Laura Shefler (HH) 3:30 PM Watercolor Landscape Class (SKAGEN ROOM) 5:30 PM Wednesday Movie- (Dis - NG)	24 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Senior Fraud Protection Talk (Hendrix Hall) 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 2:30 PM Monthly Activities Meeting (Hendrix Hall) 4:00 PM Thursday Activity Roulette (EC)	25 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 2:00 PM manicure (MC/ AL) 3:00 PM Snack & Chat 3:30 PM Sing with Kathy (Hendrix Hall) 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	26 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Rhythm & Balance w/ Torri (HH) 2:30 PM Ping Pong on the Weekend (HH) 3:30 PM Ice Cream Social 5:30 PM Saturday Movie-
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September 2025

Aldersly Extended Care Activities