

SUN	MON	TUE	WED	THUR	FRI	SAT
			<div>Yom Kippur Begins 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 11:00 AM Tech Time with Eliana (Room Visits) 1:30 PM Muttville Visit (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 PM Resident Think Session (Hendrix Hall) 4:00 PM Evening movie</div> <div>1</div>	<div>Yom Kippur Ends 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Old School Exotics & Reptiles (Hendrix Hall) 1:15 PM Tai Chi (AL) 3:00 PM Ambassador Club Meeting (Hednrhx Hall) 3:15 PM Rummikub</div> <div>2</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Catholic Communion Service St. Raphael's Church (HH) 10:00 AM Exercise w/ Brianna 2:00 PM manicures w/ Gracie (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn</div> <div>3</div>	<div>11:00 AM Tivoli Celebration (Hendrix Hall, BBC, 3FL Lawn)</div> <div>4</div>
<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 2:15 PM Dominoes (Al) 3:30 PM Ping Pong on the Weekend (HH) 3:30 PM Sunday Snack (DR)</div> <div>5</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 10:30 AM FRESH Flower Arrangements (SKAGEN ROOM) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 3:30 PM Snack & Chat</div> <div>6</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 10:00 AM Visits with Arlo 10:30 AM Music with Leslie (MC) 2:00 PM Bingo! (AL) 2:00 PM Lucie Charkin Art Lecture (HH) 3:30 PM Tea Party</div> <div>7</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 10:00 AM Vaccination Clinic (Hendrix Hall) 11:00 AM Tech Time with Andrew (Room Visits) 1:00 PM Chef Chat (MDR) 1:30 PM Scenic Drive (EC / AL / MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:00 PM Visits with Arlo 3:30 PM Marie's Creative Writing Class (Hendrix Hall) 3:30 PM Snack & Chat 4:00 PM Evening movie</div> <div>8</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Thursday Marin Farmers Market (San Rafael County Fairgrounds) 10:00 AM Visits with Arlo 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 1:30 PM Art Class w/ Katya (3FL) 3:15 PM Rummikub 4:00 PM A Musical Afternoon with Ian Scarfe (HH)</div> <div>9</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 2:00 PM manicures w/ Gracie (MC/AL) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn</div> <div>10</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM walking Group 10:30 AM Sing with Gerry 11:00 AM Rhythm & Balance w/ Torri (HH) 2:00 PM Bingo! 3:30 PM Ice Cream Social 3:30 PM Ping Pong on the Weekend (HH) 3:30 PM Tea/coffee and pastries</div> <div>11</div>
<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:15 PM Dominoes (Al) 3:30 PM Ping Pong on the Weekend (HH) 3:30 PM Sunday Snack (DR)</div> <div>12</div>	<div>Indigenous Peoples' Day 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 2:30 PM Musical Afternoon w/ Spense Quint (Assisted Living Activity Room) 3:30 PM Snack & Chat</div> <div>13</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 10:00 AM Visits with Arlo 2:00 PM Bingo! (AL) 3:30 PM Tea Party 6:30 PM Todos Santos (MDR)</div> <div>14</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 11:00 AM Tech Time with Eliana (Room Visits) 1:00 PM Health & Wellness Monthly Meeting (HH) 1:30 PM Scenic Drive PM Ediltion (AL/EC/MC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:00 PM Visits with Arlo 3:30 PM Snack & Chat 4:00 PM Evening movie</div> <div>15</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:45 AM Residents Club Annual Meeting (Hendrix Hall) 1:15 PM Tai Chi (AL) 3:15 PM Rummikub 5:00 PM Resident Mixer (MDR)</div> <div>16</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 2:00 PM Marin Men's Chorus (Hendrix Hall) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn</div> <div>17</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM walking Group 11:00 AM Rhythm & Balance w/ Torri (HH) 2:00 PM Bingo! 3:30 PM Ping Pong on the Weekend (HH) 3:30 PM Tea/coffee and pastries</div> <div>18</div>
<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:15 PM Dominoes (Al) 2:30 PM Our Art Club (Hendrix Hall) 3:30 PM Sunday Snack (DR)</div> <div>19</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 3:30 PM Snack & Chat</div> <div>20</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 10:00 AM Visits with Arlo 10:30 AM Music with Leslie (MC) 2:00 PM Bingo! (AL) 3:30 PM Tea Party</div> <div>21</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 11:00 AM Tech Time with Andrew (Room Visits) 1:30 PM Grossi Family Farm · Stafford Lake (Grossi Family Farm) 2:00 PM Art Lecture with Laura Shefler (HH) 3:00 PM Visits with Arlo 3:30 PM Creative Writing Class w/ Marie (Hendrix Hall) 3:30 PM Snack & Chat 4:00 PM Evening movie</div> <div>22</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:30 AM Monthly Activities Meeting (H.H) 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 1:30 PM Art Class w/ Katya (3FL) 3:15 PM Rummikub</div> <div>23</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn</div> <div>24</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM walking Group 10:30 AM Sing with Gerry 11:00 AM Rhythm & Balance w/ Torri (HH) 1:30 PM Classical Music Concert at Aldersly (Hendrix Hall) 2:00 PM Bingo! 3:30 PM Ice Cream Social 3:30 PM Ping Pong on the Weekend (HH) 3:30 PM Tea/coffee and pastries</div> <div>25</div>
<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 2:15 PM Dominoes (Al) 3:30 PM Ping Pong on the Weekend (HH) 3:30 PM Sunday Snack (DR)</div> <div>26</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 2:00 PM Exercise w/ Andrew (H.H) 2:00 PM Rummikub 3:30 PM Snack & Chat</div> <div>27</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:15 AM Exercise w/ Brianna 2:00 PM Bingo! (AL) 3:30 PM Tea Party</div> <div>28</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:00 AM San Dominico School Halloween Visit (MDR/MC/AL/EC) 11:00 AM Tech Time with Eliana (Room Visits) 1:30 PM Scenic Drive PM Ediltion (AL/MC/ EC) 2:00 PM Toni Dee SENIOR FITNESS & CARE Class (HH) 3:00 PM Visits with Arlo 3:30 PM Snack & Chat 4:00 PM Evening movie</div> <div>29</div>	<div>9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:30 AM Coffee with Mike (H.H) 1:15 PM Tai Chi (AL) 3:15 PM Rummikub</div> <div>30</div>	<div>Halloween 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna 1:00 PM Halloween Fair (Hendrix Hall) 3:30 PM Snack & Chat 4:00 PM Friday Movie & Popcorn</div> <div>31</div>	