

SUN	MON	TUE	WED	THUR	FRI	SAT
			9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 1:30 PM Muttville Visit (EC / AL / MC) 5:30 PM Wednesday Movie- (Dis - NG)	1 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Old School Exotics & Reptiles (Hendrix Hall) 1:15 PM Tai Chi (AL)	2 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Catholic Communion Service St. Raphael's Church (HH) 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	3 11:00 AM Tivoli Celebration (Hendrix Hall, BBC, 3FL Lawn)
5 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 3:00 PM Snack & Chat	6 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM FRESH Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Snack & Chat	7 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:30 AM Music with Leslie (MC) 11:00 AM Exercise w/ Brianna 2:00 PM Exercise & Balloon Toss 2:00 PM Lucie Charkin Art Lecture (HH)	8 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 10:00 AM Vaccination Clinic (Hendrix Hall) 1:00 PM Chef Chat (MDR) 1:30 PM Scenic Drive (EC / AL / MC) 3:00 PM Visits with Arlo 3:30 PM Snack & Chat 5:30 PM Wednesday Movie- (Dis - NG)	9 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 4:00 PM A Musical Afternoon with Ian Scarfe (HH)	10 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	11 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Sing with Gerry 11:00 AM Rhythm & Balance w/ Torri (HH) 3:30 PM Ice Cream Social 5:30 PM Saturday Movie-
12 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 3:00 PM Snack & Chat	13 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Musical Afternoon w/ Spense Quint (Hendrix Hall) 3:30 PM Snack & Chat	14 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 11:00 AM Exercise w/ Brianna 2:00 PM Exercise & Balloon Toss 6:30 PM Todos Santos (MDR)	15 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 1:00 PM Health & Wellness Monthly Meeting (HH) 1:30 PM Scenic Drive PM Ediiton (AL/ EC/MC) 3:00 PM Visits with Arlo 3:30 PM Snack & Chat 5:30 PM Wednesday Movie- (Dis - NG)	16 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:45 AM Residents Club Annual Meeting (Hendrix Hall) 1:15 PM Tai Chi (AL) 5:00 PM Resident Mixer (MDR)	17 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 2:00 PM Marin Men's Chorus (Hendrix Hall) 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	18 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Music with Slim 11:00 AM Rhythm & Balance w/ Torri (HH) 5:30 PM Saturday Movie-
19 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 3:00 PM Snack & Chat	20 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Snack & Chat	21 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:30 AM Music with Leslie (MC) 11:00 AM Exercise w/ Brianna 2:00 PM Exercise & Balloon Toss	22 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 1:30 PM Grossi Family Farm - Stafford Lake (Grossi Family Farm) 2:00 PM Art Lecture with Laura Shefler (HH) 3:00 PM Visits with Arlo 3:30 PM Creative Writing Class w/ Marie (Hendrix Hall) 3:30 PM Snack & Chat 5:30 PM Wednesday Movie- (Dis - NG)	23 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:30 AM Monthly Activities Meeting (H.H) 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL)	24 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	25 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Sing with Gerry 11:00 AM Rhythm & Balance w/ Torri (HH) 1:30 PM Classical Music Concert at Aldersly (Hendrix Hall) 3:30 PM Ice Cream Social 5:30 PM Saturday Movie-
26 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Let's Navigate Life w/ Marie (Room Visits) 3:00 PM Snack & Chat	27 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 11:00 AM Exercise w/ Brianna 2:00 PM Exercise w/ Andrew (H.H) 3:30 PM Snack & Chat	28 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 11:00 AM Exercise w/ Brianna 2:00 PM Exercise & Balloon Toss	29 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:00 AM San Dominico School Halloween Visit (MDR/MC/ AL/EC) 1:30 PM Scenic Drive PM Ediiton (AL/ MC/EC) 3:00 PM Visits with Arlo 3:30 PM Snack & Chat 5:30 PM Wednesday Movie- (Dis - NG)	30 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Visits with Arlo 10:30 AM Coffee with Mike (H.H) 1:15 PM Tai Chi (AL)	31 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Exercise w/ Brianna 1:00 PM Halloween Fair (Hendrix Hall) 3:00 PM Snack & Chat 3:30 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room)	