

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY 3LL - 3rd FL. Lounge BBC - Bocce Ball Court HH - Hendrix Hall MDR - Main Dining Room			10:00 Bocce Ball (BBC) 11:00 Tech Time with Eliana (Room Visits) 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 Resident Think Session (HH)	1 10:30 Old School Exotics & Reptiles (HH) 1:15 Tai Chi (AL) 3:00 Ambassador Club Meeting (Hednrix Hall) 7:00 Thursday Cinema (HH)	2 9:30 Catholic Communion Service St. Raphael's Church (HH) 10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 Friday Shopping Target (Target) 5:00 Friday Happy Hour (MDR)	3 11:00 Tivoli Celebration (Hendrix Hall, BBC, 3FL Lawn)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 3:30 Ping Pong on the Weekend (HH)	5 10:00 Kaiser Vaccination Shuttle (Kaiser Los Gamos) 10:30 FRESH Flower Arrangements (SKAGEN ROOM) 1:30 Kaiser Vaccination Shuttle (Kaiser Los Gamos) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) 5:00 Monday Happy Hour (MDR)	6 10:00 Guided Outdoor Walk's w/ Andrew (TBD) 11:00 Balance & Rhythm w/ Brigid (HH) 1:30 Library Shuttle 1:30 Tuesday Dominos (3LL) 2:00 Lucie Charkin Art Lecture (HH) 7:00 Tuesday Cinema (HH)	7 10:00 Bocce Ball (BBC) 10:00 Vaccination Clinic (HH) 11:00 Tech Time with Andrew (Room Visits) 1:00 Chef Chat (MDR) 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH) 3:30 Marie's Creative Writing Class (HH)	8 10:00 Thursday Marin Farmers Market (San Rafael County Fairgrounds) 1:15 Tai Chi (AL) 1:30 Art Class w/ Katya (3FL) 3:00 Stretch & Breath Chair Exercise with Amy (HH) 4:00 A Musical Afternoon with Ian Scarfe (HH) 7:00 Thursday Cinema (HH)	9 10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 Friday Shopping NorthGate Mall (Northgate Mall) 2:00 Stand Up & Get Fit w/ Toni Dee (HH) 5:00 Friday Happy Hour (MDR)	10 11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 3:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 3:30 Ping Pong on the Weekend (HH)	12 10:00 Kaiser Vaccination Shuttle (Kaiser Los Gamos) 10:30 Fresh Flower Arrangements (SKAGEN ROOM) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) 3:30 Musical Afternoon w/ Spense Quint (HH) 5:00 Monday Happy Hour (MDR)	13 10:00 Guided Outdoor Walk's w/ Andrew (TBD) 11:00 Balance & Rhythm w/ Brigid (HH) 12:30 IL Resident Birthday (MDR) 1:30 Tuesday Dominos (3LL) 1:30 YMCA gym Shuttle (YMCA San Rafael) 6:30 Todos Santos (MDR)	14 10:00 Bocce Ball (BBC) 11:00 Book Club Meeting (3FL) 11:00 Tech Time with Eliana (Room Visits) 1:00 Health & Wellness Monthly Meeting (HH) 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH)	15 10:45 Residents Club Annual Meeting (HH) 1:15 Tai Chi (AL) 3:00 Stretch & Breath Chair Exercise with Amy (HH) 5:00 Resident Mixer (MDR)	16 10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 2:00 Marin Men's Chorus (HH) 5:00 Friday Happy Hour (MDR)	17 11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 3:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 2:30 Our Art Club (HH)	19 10:30 Fresh Flower Arrangements (SKAGEN ROOM) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) 5:00 Monday Happy Hour (MDR)	20 10:00 Guided Outdoor Walk's w/ Andrew (TBD) 11:00 Balance & Rhythm w/ Brigid (HH) 1:30 Library Shuttle 1:30 Tuesday Dominos (3LL) 7:00 Tuesday Cinema (HH)	21 10:00 Bocce Ball (BBC) 11:00 Tech Time with Andrew (Room Visits) 2:00 Art Lecture with Laura Shefler (HH) 3:30 Creative Writing Class w/ Marie (HH)	22 10:30 Monthly Activities Meeting (H.H) 1:15 Tai Chi (AL) 1:30 Art Class w/ Katya (3FL) 3:00 Stretch & Breath Chair Exercise with Amy (HH) 7:00 Thursday Cinema (HH)	23 10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 1:30 Grossi Family Farm - Stafford Lake (Grossi Family Farm) 2:00 Stand Up & Get Fit w/ Toni Dee (HH) 5:00 Friday Happy Hour (MDR)	24 11:00 Rhythm & Balance w/ Torri (HH) 1:30 Bridge (3LL) 1:30 Classical Music Concert at Aldersly (HH) 3:30 Ping Pong on the Weekend (HH)
10:30 Toni Dee SENIOR FITNESS & CARE Class (HH) 1:00 Let's Navigate Life w/ Marie (Room Visits) 3:30 Ping Pong on the Weekend (HH)	26 10:30 Fresh Flower Arrangements (SKAGEN ROOM) 1:30 Rummikub (3FL) 2:00 Exercise w/ Andrew (H.H) 5:00 Monday Happy Hour (MDR)	27 10:00 Guided Outdoor Walk's w/ Andrew (TBD) 11:00 Balance & Rhythm w/ Brigid (HH) 1:30 Tuesday Dominos (3LL) 1:30 YMCA gym Shuttle (YMCA San Rafael) 7:00 Tuesday Cinema (HH)	28 9:00 San Dominico School Halloween Visit (MDR/MC/AL/EC) 10:00 Bocce Ball (BBC) 11:00 Tech Time with Eliana (Room Visits) 2:00 Toni Dee SENIOR FITNESS & CARE Class (HH)	29 10:30 Coffee with Mike (H.H) 1:15 Tai Chi (AL) 3:00 Stretch & Breath Chair Exercise with Amy (HH) 7:00 Thursday Cinema (HH)	30 8:00 San Dominico School Halloween Parade (San Dominico School) 10:00 Friday 5-Mile Shopping 10:00 Bocce/Cornhole (BBC) 1:00 Halloween Fair (HH) 5:00 Friday Happy Hour (MDR)	31