

SUN	MON	TUE	WED	THUR	FRI	SAT
						9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Rhythm & Balance w/ Torri (HH) 5:30 PM Saturday Movie- 1
Daylight Savings Time Ends 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Lets Navigate with Marie (Room Visits) 3:00 PM Snack & Chat 2	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Walk to the Garden 10:30 AM FRESH Flower Arrangements (SKAGEN ROOM) 3	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Visits with Arlo 10:30 AM Music with Leslie (MC) 2:00 PM Exercise & Balloon Toss 3:00 PM Fall Wreaths (MC) 4	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Scenic Drive (EC / AL / MC) 1:30 PM Muttville Visit (EC / AL / MC) 2:00 PM Monthly Health & Wellness Meeting (HH) 3:00 PM Visits with Arlo 3:30 PM Sing w/ Gerry (Hendrix Hall) 5:30 PM Wednesday Movie- (Dis - NG) 5	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Visits with Arlo 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 3:00 PM Board Games (AL Game Room) 4:00 PM Marselisborg Grand Opening Event (Aldersly Grounds) 6	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Catholic Communion Service St. Raphael's Church (HH) 10:00 AM Exercise w/ Brianna (Memory Care) 3:00 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room) 7	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Sing with Gerry 11:00 AM Rhythm & Balance w/ Torri (HH) 5:30 PM Saturday Movie- 8
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Lets Navigate with Marie (Room Visits) 3:00 PM Snack & Chat 9	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 2:30 PM Musical Afternoon w/ Spense Quint (Assisted Living Activity Room) 10	Veterans Day 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Visits with Arlo 1:00 PM Chef Chat (MDR) 2:00 PM Exercise & Balloon Toss 3:00 PM Gratitude Cards (MC) 6:30 PM Wendy Fitz Piano Trio (Main Dining Room) 11	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Sing With Leslie (MC) 10:00 AM Scenic Drive (EC / AL / MC) 2:00 PM Art Lecture with Laura Shefler (HH) 3:00 PM Visits with Arlo 3:30 PM Sing w/ Gerry (Hendrix Hall) 5:30 PM Wednesday Movie- (Dis - NG) 12	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Visits with Arlo 10:30 AM Coffee with Mike (H.H) 1:15 PM Tai Chi (AL) 3:00 PM Board Games (AL Game Room) 4:00 PM A Musical Afternoon with Ian Scarfe (HH) 13	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 3:00 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room) 14	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:00 AM Rhythm & Balance w/ Torri (HH) 5:30 PM Saturday Movie- 15
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Lets Navigate with Marie (Room Visits) 3:00 PM Snack & Chat 16	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 17	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Visits with Arlo 10:30 AM Music with Leslie (MC) 2:00 PM Exercise & Balloon Toss 3:00 PM Fall Leaves Painting (MC) 18	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 11:30 AM Lunch Outing (San Rafael Joe's) 3:00 PM Visits with Arlo 5:00 PM Aldersly Family Support Group (Hendrix Hall) 5:30 PM Wednesday Movie- (Dis - NG) 19	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Visits with Arlo 11:45 AM Creative Lunch (MDR) 1:15 PM Tai Chi (AL) 3:15 PM Birthday Bash! (MC) 5:00 PM Resident Mixer (MDR) 20	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 3:00 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room) 21	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Sing with Gerry 11:00 AM Rhythm & Balance w/ Torri (HH) 3:30 PM Ice Cream Social 5:30 PM Saturday Movie- 22
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Lets Navigate with Marie (Room Visits) 3:00 PM Snack & Chat 23	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:00 AM Walk to the Garden 10:30 AM Fresh Flower Arrangements (SKAGEN ROOM) 24	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 10:30 AM Power of Music with Kathy (AL) 2:00 PM Exercise & Balloon Toss 3:00 PM Decorate a pumpkin (AL) 25	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 9:30 AM Sing With Leslie (MC) 10:00 AM Scenic Drive (EC / AL / MC) 5:30 PM Wednesday Movie- (Dis - NG) 26	Thanksgiving 9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 12:00 PM Thanksgiving Lunch Celebration (MDR) 3:00 PM Board Games (AL Game Room) 27	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:00 AM Exercise w/ Brianna (Memory Care) 3:00 PM Snack & Chat 5:30 PM Friday Movie (Extended Care Activity Room) 28	9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 10:30 AM Music with Slim (AL) 11:00 AM Rhythm & Balance w/ Torri (HH) 5:30 PM Saturday Movie- 29
9:00 AM The Daily Perk Round Up (Assisted Living/ Extended Care) 1:00 PM Lets Navigate with Marie (Room Visits) 3:00 PM Snack & Chat 30						