

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026

Aldersly Assisted Living Community



Activity Types

- Arts and Crafts
- Emotional
- Entertainment
- Intellectual
- Outing
- Physical
- Presentation
- Social
- Spiritual

Locations

- MDR = Main Dining Room
- HH = Hendrix Hall
- 3FL = 3 Floor Lounge
- Cafe = Cafe
- BR = Board Room
- SAR = Skagen Activity Room
- RT = Roof Top
- MSS = Mission Street Sidewalk
- ALRA = Assisted Living Rec Area
- MCRA = Memory Care Rec Area
- ECA = Extended Care Area
- BBL = Bocce Ball Lawn
- AL = Assisted Living
- MC = Memory Care
- EC = Extended Care
- CMPR = Cafe Multi Purpose Room

Happy Birthday!

April Resident Birthdays

DAVID FLEIG - EC	4/04
DAVID WILSON - IL	4/13
SARAH BREWSTER - IL	4/15
ROBERT FORSYTH - IL	4/18
SANDRA GAMBLE - IL	4/19
PAMELA REECE - MC	4/24

5
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 12:00 Easter Sunday Brunch (MDR)
 ● 12:00 Lunch (AL)
 ● 2:15 Dominoes (ALRA)
 ● 3:30 Sunday Afternoon Snacks and Chat (ALRA)
 ● 5:00 Dinner (AL)

6
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Excercise w/ Ruth (ALRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Rummikub (ALRA)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 5:00 Happy Hour (HH)

12
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 12:00 Lunch (AL)
 ● 2:15 Dominoes (ALRA)
 ● 3:30 Sunday Afternoon Snacks and Chat (ALRA)
 ● 5:00 Dinner (AL)

19
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 12:00 Lunch (AL)
 ● 2:15 Dominoes (ALRA)
 ● 3:30 Sunday Afternoon Snacks and Chat (ALRA)
 ● 5:00 Dinner (AL)

26
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH)
 ● 12:00 Lunch (AL)
 ● 2:15 Dominoes (ALRA)
 ● 3:30 Sunday Afternoon Snacks and Chat (ALRA)
 ● 5:00 Dinner (AL)

7
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Music w/ Leslie (MCRA)
 ● 11:15 Exercise w/ the Activity Team (ALRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo! (MCRA)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Tuesday Cinema (CMPR)

13
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Excercise w/ Ruth (ALRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Rummikub (ALRA)
 ● 3:00 Sing w/ Spense (AL)
 ● 3:00 Happy Hour in Cafe! (Themed) (Cafe)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)

20
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Excercise w/ Ruth (ALRA)
 ● 10:30 Music w/ leslie (MC)
 ● 12:00 Lunch (AL)
 ● 2:00 Rummikub (ALRA)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 6:00 Aldersly Family Support Group (MCRA)

27
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Excercise w/ Ruth (ALRA)
 ● 10:30 Music w/ Leslie (MCRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Rummikub (ALRA)
 ● 3:00 Happy Hour (Themed) (Cafe)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)

28
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 11:15 Exercise w/ the Activity Team (ALRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo! (MCRA)
 ● 3:00 Trinity Alps Music Trio Performance Feat Ian Scarfe (HH)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Tuesday Cinema (CMPR)

8
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 11:00 AL/EC/MC Picnic McNear's Beach
 ● 12:00 Lunch (AL)
 ● 2:00 Afternoon Scenic Drive
 ● 3:30 Sing w/ Gerry (HH)
 ● 4:15 Wednesday Movie (AL)
 ● 5:00 Dinner (AL)

14
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 11:15 Exercise w/ the Activity Team (ALRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo! (MCRA)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Tuesday Cinema (CMPR)

21
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Music w/ Leslie (MCRA)
 ● 11:15 Exercise w/ the Activity Team (ALRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo! (MCRA)
 ● 3:00 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Tuesday Cinema (CMPR)

28
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 11:15 Exercise w/ the Activity Team (ALRA)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo! (MCRA)
 ● 3:00 Trinity Alps Music Trio Performance Feat Ian Scarfe (HH)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Tuesday Cinema (CMPR)

9
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 11:00 AL/EC/MC Picnic McNear's Beach
 ● 12:00 Lunch (AL)
 ● 2:00 Afternoon Scenic Drive
 ● 3:30 Sing w/ Gerry (HH)
 ● 4:15 Wednesday Movie (AL)
 ● 5:00 Dinner (AL)

15
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 11:00 AL/MC/EC Lunch Outing The Joinery Sausalito
 ● 12:00 Lunch (AL)
 ● 2:00 Afternoon Scenic Drive
 ● 3:30 Sing w/ Gerry (HH)
 ● 4:15 Wednesday Movie (AL)
 ● 5:00 Dinner (AL)

22
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 Morning Scenic Drive
 ● 12:00 Lunch (AL)
 ● 2:00 Afternoon Scenic Drive
 ● 2:00 Community Fire Drill (MDR)
 ● 3:30 Sing w/ Gerry (HH)
 ● 4:15 Wednesday Movie (AL)
 ● 5:00 Dinner (AL)

29
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 Morning Scenic Drive
 ● 11:00 Marin Civic Center Tour Outing
 ● 12:00 Lunch (AL)
 ● 2:00 Afternoon Scenic Drive
 ● 3:30 Sing w/ Gerry (HH)
 ● 4:15 Wednesday Movie (AL)
 ● 5:00 Dinner (AL)

10
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 Fresh Flower Arrangements Class (ALRA)
 ● 10:00 Lifeloop Residents Sign Up and Set Up (SAR)
 ● 11:15 Exercise w/ the Activity Team (MCRA)
 ● 12:00 Lunch (AL)
 ● 1:30 Lets Navigate w/ Marie (ALRA)
 ● 2:00 Manicures w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)
 ● 5:00 Happy Hour (MDR)

16
 ● AD Room Visit's w/ Leah (GRACIES DOG)
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Introduction To Pine Park Health (HH)
 ● 11:00 Coffee w/ Mike (HH)
 ● 11:00 Coffee w/ Mike & Friends (HH)
 ● 12:00 Lunch (AL)
 ● 1:15 Tai Chi w/ AL (ALRA)
 ● 3:00 Afternoon Board Games (ALRA)
 ● 3:00 AL,MC,EC Birthday Celebrations
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Thursday Cinema (CMPR)

23
 ● AD Room Visit's w/ Leah (GRACIES DOG)
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 11:45 Creative Lunch (MDR)
 ● 12:00 Lunch (AL)
 ● 1:15 Tai Chi w/ AL (ALRA)
 ● 3:00 Afternoon Board Games (ALRA)
 ● 3:00 AL,MC,EC Birthday Celebrations
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Thursday Cinema (CMPR)

30
 ● AD Room Visit's w/ Leah (GRACIES DOG)
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:30 Aldersly History Talk (HH)
 ● 12:00 Lunch (AL)
 ● 1:15 Tai Chi w/ AL (ALRA)
 ● 3:00 Afternoon Board Games (ALRA)
 ● 3:30 Golden Hour Outside Gathering Time
 ● 5:00 Dinner (AL)
 ● 7:00 Thursday Cinema (CMPR)

11
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 AM Walking Group
 ● 10:00 Sing w/ Gerry (MC)
 ● 10:30 Sing w/ Slim (MCRA)
 ● 11:00 Rhythm & Balance w/ Torri (HH)
 ● 12:00 Lunch (AL)
 ● 1:45 Marin Symphony Masterworks 3 Bartok & de Falla Outing
 ● 2:00 Bingo (ALRA)
 ● 2:00 Dog Visits with Teddy!
 ● 3:15 Afternoon Snacks and Chats (ALRA)
 ● 4:00 Mindful Masterpieces w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)

17
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 Fresh Flower Arrangements Class (ALRA)
 ● 10:00 Lifeloop Residents Sign Up and Set Up (SAR)
 ● 11:15 Exercise w/ the Activity Team (MCRA)
 ● 12:00 Lunch (AL)
 ● 1:30 Lets Navigate w/ Marie (ALRA)
 ● 2:00 Manicures w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)
 ● 5:00 Happy Hour (MDR)

24
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 Fresh Flower Arrangements Class (ALRA)
 ● 10:00 Lifeloop Residents Sign Up and Set Up (SAR)
 ● 11:15 Exercise w/ the Activity Team (MCRA)
 ● 12:00 Lunch (AL)
 ● 1:30 Lets Navigate w/ Marie (ALRA)
 ● 2:00 Manicures w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)
 ● 5:00 Happy Hour (MDR)

31
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 AM Walking Group
 ● 10:00 Sing w/ Gerry (MC)
 ● 11:00 Rhythm & Balance w/ Torri (HH)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo (ALRA)
 ● 2:00 Dog Visits w/ Teddy!
 ● 3:15 Afternoon Snacks and Chats (ALRA)
 ● 4:00 Mindful Masterpieces w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)

18
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 9:30 Tech Time w/ Kyle
 ● 10:00 AM Walking Group
 ● 11:00 Rhythm & Balance w/ Torri (HH)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo (ALRA)
 ● 3:15 Afternoon Snacks and Chats (ALRA)
 ● 4:00 Mindful Masterpieces w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)

25
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 AM Walking Group
 ● 10:00 Sing w/ Gerry (MC)
 ● 11:00 Rhythm & Balance w/ Torri (HH)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo (ALRA)
 ● 2:00 Dog Visits w/ Teddy!
 ● 3:15 Afternoon Snacks and Chats (ALRA)
 ● 4:00 Mindful Masterpieces w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)

32
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 Fresh Flower Arrangements Class (ALRA)
 ● 10:00 Lifeloop Residents Sign Up and Set Up (SAR)
 ● 11:15 Exercise w/ the Activity Team (MCRA)
 ● 12:00 Lunch (AL)
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 ● 5:00 Dinner (AL)
 ● 5:00 Happy Hour (MDR)

33
 ● 8:00 Breakfast (AL)
 ● 9:00 The Daily Perk Round Up (ALRA)
 ● 10:00 AM Walking Group
 ● 10:00 Sing w/ Gerry (MC)
 ● 11:00 Rhythm & Balance w/ Torri (HH)
 ● 12:00 Lunch (AL)
 ● 2:00 Bingo (ALRA)
 ● 2:00 Dog Visits w/ Teddy!
 ● 3:15 Afternoon Snacks and Chats (ALRA)
 ● 4:00 Mindful Masterpieces w/ Gracie (ALRA)
 ● 5:00 Dinner (AL)

IMPORTANT DATES:
 4/8 AL/EC/MC Picnic McNear's Beach
 4/11 Marin Symphony Outing
 4/15 Lunch Outing The Joinery
 4/16 AL/EC/MC Birthday Celebration
 4/20 Aldersly Family Support Group
 4/28 Trinity Alps Music Performance
 4/30 Aldersly History Talk