

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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May 2026



<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (ECA) 3:00 Snack and Chat (ECA) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Exercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (ECA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (ECA) 2:00 Bingo! (MCRA) 3:00 Visits w/ Rubidoo the Dog 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:00 AL/EC/MC Picnic Outing 12:00 Lunch (ECA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:00 Monthly Activity Meeting 12:00 Lunch (ECA) 1:15 Tai Chi w/ AL (ALRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower arrangement class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (ECA) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:15 Sing w/ Gerry (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch (ECA) 2:00 Dog Visits w/ Teddy the Dog! 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (ECA)
<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (ECA) 2:00 Mother's Day Tea & Cookies Art Party (MC) 3:00 Snack and Chat (ECA) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Exercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (ECA) 1:30 Sing w/ Spense (MCRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (ECA) 2:00 Bingo! (MCRA) 3:30 A Musical Afternoon w/ Mads Tolling (HH) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Morning Scenic Drive 12:00 Lunch (ECA) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:45 Creative Lunch (MDR) 12:00 Lunch (ECA) 1:15 Tai Chi w/ AL (ALRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower arrangement class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (ECA) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch (ECA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 4:30 Marin Dance Theatre Performance (HH) 5:00 Dinner (ECA)
<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (ECA) 3:00 Snack and Chat (ECA) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Vaccination Clinic (BR) 10:30 Exercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (ECA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (ECA) 2:00 Bingo! (MCRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:00 AL/MC/EC Lunch Outing 12:00 Lunch (ECA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner (ECA) 6:00 Aldersly Family Support Group (MC) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Resident Council Meeting (HH) 12:00 Lunch (ECA) 1:15 Tai Chi w/ AL (ALRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower arrangement class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (ECA) 5:00 Dinner (ECA) 	<ul style="list-style-type: none"> 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:15 Sing w/ Gerry (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch (ECA) 2:00 Dog Visits with Teddy the dog! 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (ECA)
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Activity Types

- Arts and Crafts
- Emotional
- Entertainment
- Intellectual
- Outing
- Physical
- Presentation
- Social
- Spiritual

Locations

- MDR = Main Dining Room
- HH = Hendrix Hall
- 3FL = 3 Floor Lounge
- Cafe = Cafe
- BR = Board Room
- SAR = Skagen Activity Room
- RT = Roof Top
- MSS = Mission Street Sidewalk Area
- ALRA = Assisted Living Rec Area
- MCRA = Memory Care Rec Area
- ECA = Extended Care Area
- BBL = Bocce Ball Lawn
- AL = Assisted Living
- MC = Memory Care
- EC = Extended Care
- CMPR = Cafe Multi Purpose Room

Happy Birthday!

RESIDENT BIRTHDAYS		
<i>May</i>		
Meredith Benz - IL	5/05	
Francis Strachwitz - AL	5/23	
Beverly Compagno - IL	5/28	
Virginia Saunders - IL	5/31	
Anneliese Rector - EC	5/31	