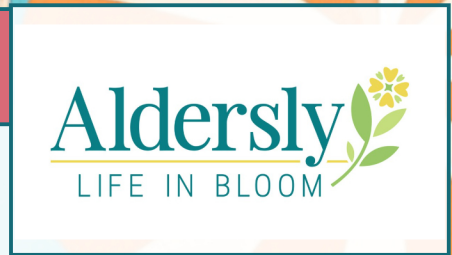


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																								
<b>Aldersly Senior Community Extended Care June Activity Calendar</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Excercise w/ Ruth (ALRA)</li> <li>10:30am Music w/ Leslie (MC)</li> <li>12:00pm Lunch (ECA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Aldersly Resident Survey Launch Event Dinner (MDR)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>1</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:15am Exercise w/ the Activity Team (ALRA)</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Bingo! (MCRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>2</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Morning Scenic Drive</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Afternoon Scenic Drive</li> <li>3:30pm Sing w/ Gerry (HH)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>3</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Music W/Peter</li> <li>11:00am Monthly Activity Forum (HH)</li> <li>12:00pm Creative Lunch (MDR)</li> <li>12:00pm Lunch (ECA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>4</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>9:30am Catholic Communion Service St. Raphael's Church (HH)</li> <li>10:00am Andrew's Community Corner (Open Office Hours)</li> <li>10:00am Fresh Flower arrangement class (ALRA)</li> <li>11:15am Exercise w/ the Activity Team (MCRA)</li> <li>12:00pm Lunch (ECA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>5</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:00am Rhythm &amp; Balance w/ Torri (HH)</li> <li>12:00pm Lunch (ECA)</li> <li>4:00pm Mindful Masterpieces w/ Gracie (ALRA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>6</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Excercise w/ Ruth (ALRA)</li> <li>10:30am Music w/ Leslie (MC)</li> <li>12:00pm Lunch (ECA)</li> <li>1:30pm Sing w/ Spense (MCRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>7</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Excercise w/ Ruth (ALRA)</li> <li>10:30am Music w/ Leslie (MC)</li> <li>12:00pm Lunch (ECA)</li> <li>1:30pm Sing w/ Spense (MCRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>8</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:00am Fion Resident Crafts Class (MCRA)</li> <li>11:15am Exercise w/ the Activity Team (ALRA)</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Bingo! (MCRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> <li>6:00pm Fitz, Webber &amp; Hobson Trio Musical Performance (MDR)</li> </ul> <b>9</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:00am AL/EC/MC Picnic Outing</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Afternoon Scenic Drive</li> <li>3:30pm Sing w/ Gerry (HH)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>10</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Music W/Peter</li> <li>12:00pm Lunch (ECA)</li> <li>1:15pm Tai Chi w/ AL (ALRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>11</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Andrew's Community Corner (Open Office Hours)</li> <li>10:00am Fresh Flower arrangement class (ALRA)</li> <li>11:15am Exercise w/ the Activity Team (MCRA)</li> <li>12:00pm Lunch (ECA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>12</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:00am Rhythm &amp; Balance w/ Torri (HH)</li> <li>12:00pm Lunch (ECA)</li> <li>4:00pm Mindful Masterpieces w/ Gracie (ALRA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>13</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Toni Dee Senior Fitness &amp; Care Exercise Class (HH)</li> <li>12:00pm Lunch (ECA)</li> <li>3:00pm Snack and Chat (ECA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>14</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Excercise w/ Ruth (ALRA)</li> <li>12:00pm Lunch (ECA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>15</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:15am Exercise w/ the Activity Team (ALRA)</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Bingo! (MCRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>16</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Morning Scenic Drive</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Afternoon Scenic Drive</li> <li>3:30pm Sing w/ Gerry (HH)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>17</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Music W/Peter</li> <li>11:00am Coffee w/ Mike &amp; Friends (HH)</li> <li>12:00pm Creative Lunch (MDR)</li> <li>12:00pm Lunch (ECA)</li> <li>1:15pm Tai Chi w/ AL (ALRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>4:00pm A Musical Afternoon w/ Ian Scarfe (HH)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>18</b>	<ul style="list-style-type: none"> <li>Juneteenth</li> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Andrew's Community Corner (Open Office Hours)</li> <li>10:00am Fresh Flower arrangement class (ALRA)</li> <li>11:15am Exercise w/ the Activity Team (MCRA)</li> <li>12:00pm Lunch (ECA)</li> <li>4:00pm Belly Dance Concert with live dance performance (HH)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>19</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:00am Rhythm &amp; Balance w/ Torri (HH)</li> <li>12:00pm Lunch (ECA)</li> <li>4:00pm Mindful Masterpieces w/ Gracie (ALRA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>20</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Toni Dee Senior Fitness &amp; Care Exercise Class (HH)</li> <li>12:00pm Father's Day Lunch (RSVP REQUIRED) (MDR)</li> <li>12:00pm Lunch (ECA)</li> <li>3:00pm Snack and Chat (ECA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>21</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Excercise w/ Ruth (ALRA)</li> <li>10:30am Music w/ Leslie (MC)</li> <li>12:00pm Lunch (ECA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>22</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:15am Exercise w/ the Activity Team (ALRA)</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Bingo! (MCRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>23</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:00am AL/EC/MC Picnic Outing</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Afternoon Scenic Drive</li> <li>3:30pm Sing w/ Gerry (HH)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>24</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Music W/Peter</li> <li>12:00pm Lunch (ECA)</li> <li>1:15pm Tai Chi w/ AL (ALRA)</li> <li>2:00pm Gustavo Romero Piano Performance (HH)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>25</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:00am Andrew's Community Corner (Open Office Hours)</li> <li>10:00am Fresh Flower arrangement class (ALRA)</li> <li>11:15am Exercise w/ the Activity Team (MCRA)</li> <li>12:00pm Lunch (ECA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>26</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:00am Rhythm &amp; Balance w/ Torri (HH)</li> <li>12:00pm Lunch (ECA)</li> <li>4:00pm Mindful Masterpieces w/ Gracie (ALRA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>27</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Toni Dee Senior Fitness &amp; Care Exercise Class (HH)</li> <li>12:00pm Lunch (ECA)</li> <li>2:30pm Sing w/ Spense (MC)</li> <li>3:00pm Snack and Chat (ECA)</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>28</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>10:30am Excercise w/ Ruth (ALRA)</li> <li>10:30am Music w/ Leslie (MC)</li> <li>12:00pm Lunch (ECA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>29</b>	<ul style="list-style-type: none"> <li>8:00am Breakfast (ECA)</li> <li>9:00am The Daily Perk Round Up (ECA)</li> <li>11:15am Exercise w/ the Activity Team (ALRA)</li> <li>12:00pm Lunch (ECA)</li> <li>2:00pm Bingo! (MCRA)</li> <li>3:30pm Golden Hour Outside Gathering Time</li> <li>5:00pm Dinner (ECA)</li> </ul> <b>30</b>



- Activity Types**
- Arts and Crafts
  - Emotional
  - Entertainment
  - Intellectual
  - Outing
  - Physical
  - Presentation
  - Social
  - Spiritual

- Locations**
- MDR = Main Dining Room
  - HH = Hendrix Hall
  - BFL = 3 Floor Lounge
  - Cafe = Cafe
  - BR = Board Room
  - SAR = Skagen Activity Room
  - RT = Roof Top
  - MSS = Mission Street Sidewalk
  - ALRA = Assisted Living Rec Area
  - MCRA = Memory Care Rec Area
  - ECA = Extended Care Area
  - BBL = Bocce Ball Lawn
  - AL = Assisted Living
  - MC = Memory Care
  - EC = Extended Care
  - CMPR = Cafe Multi Purpose Room

**Happy Birthday!**

*June RESIDENT BIRTHDAYS!*

John Thompson	MC 6/1
Peggy Wilson	MC 6/5
Babz Von Dallowitz	IL 6/20
Jeanette Fleig	IL 6/22
Penny Wells	IL 6/25
Cynthia Fleig	IL 6/30
Marjorie Donalds	MC 6/30

# June 2026

## EXTENDED CARE COMMUNITY