

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2026 ALDERSLY Assisted Living Community			8:00 Breakfast (AL) 10:00 Morning Scenic Drive 12:00 Lunch (AL) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 4:15 Wednesday Movie (AL) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:00 Music W/Peter 11:00 Monthly Activity Forum (HH) 11:45 Creative Lunch (MDR) 12:00 Lunch (AL) 1:15 Tai Chi w/ AL (ALRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 7:00 Thursday Cinema (CMPR)	Independence Day (substitute) 8:00 Breakfast (AL) 9:30 Catholic Communion Service St. Raphael's Church (HH) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (AL) 1:30 Manicures w/ Gracie (ALRA) 5:00 Dinner (AL) 5:00 Happy Hour (MDR)	Independence Day 8:00 Breakfast (AL) 10:00 AM Walking Group 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Independence Day BBQ (Cafe) 12:00 Lunch (AL) 2:00 Bingo (ALRA) 3:15 Afternoon Snacks and Chats (ALRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (AL)
8:00 Breakfast (AL) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (AL) 2:15 Dominoes (ALRA) 3:30 Sunday Afternoon Snacks and Chat (ALRA) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (AL) 4:00 Golden Hour Outside Gathering Time 4:15 Bingo! (HH) 5:00 Dinner (AL)	8:00 Breakfast (AL) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (AL) 2:00 Bingo! (MCRA) 3:30 A Musical Afternoon w/ Mads Tolling (HH) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 5:00 Happy Hour in Cafe! (Cafe) 7:00 Tuesday Cinema (CMPR)	8:00 Breakfast (AL) 11:00 AL Picnic outing 12:00 Lunch (AL) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 4:15 Wednesday Movie (AL) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:00 Music W/Peter 10:30 SilverTech Consulting Presents iPhone Tricks & Tips Part 2 & Intro into AI (HH) 12:00 Lunch (AL) 1:15 Tai Chi w/ AL (ALRA) 1:30 Art Class w/ Katya (3FL) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 7:00 Thursday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (AL) 2:30 The Hula Dancers of Hale Aloha Pefromance (HH) 5:00 Dinner (AL) 5:00 Happy Hour (MDR)	8:00 Breakfast (AL) 10:00 AM Walking Group 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch (AL) 2:00 Bingo (ALRA) 3:15 Afternoon Snacks and Chats (ALRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (AL)
8:00 Breakfast (AL) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (AL) 2:15 Dominoes (ALRA) 3:30 Sunday Afternoon Snacks and Chat (ALRA) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (AL) 2:30 Sing w/ Spense (AL) 4:00 Golden Hour Outside Gathering Time 5:00 Dinner (AL)	8:00 Breakfast (AL) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (AL) 2:00 Bingo! (MCRA) 3:30 Golden Hour Outside Gathering Time 4:00 A Musical Afternoon w/ Ian Scarfe (HH) 5:00 Dinner (AL) 5:00 Happy Hour on the Roof Top (RT) 7:00 Tuesday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Morning Scenic Drive 12:00 Lunch (AL) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 4:15 Wednesday Movie (AL) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:00 Music W/Peter 10:30 Aldersly Resident Council Meeting (HH) 11:45 Creative Lunch (MDR) 12:00 Lunch (AL) 1:15 Tai Chi w/ AL (ALRA) 3:00 AL,MC,EC Birthday Celebrations 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 7:00 Thursday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (AL) 1:30 Manicures w/ Gracie (ALRA) 5:00 Dinner (AL) 5:00 Happy Hour (MDR)	8:00 Breakfast (AL) 10:00 AM Walking Group 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch (AL) 2:00 Bingo (ALRA) 3:15 Afternoon Snacks and Chats (ALRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (AL)
8:00 Breakfast (AL) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (AL) 2:15 Dominoes (ALRA) 3:30 Sunday Afternoon Snacks and Chat (ALRA) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (AL) 4:00 Golden Hour Outside Gathering Time 4:15 Bingo! (HH) 5:00 Dinner (AL)	8:00 Breakfast (AL) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (AL) 2:15 Music w/ Arthur (AL) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 5:00 Happy Hour in Cafe! (Cafe) 7:00 Tuesday Cinema (CMPR)	8:00 Breakfast (AL) 12:00 Lunch (AL) 12:00 Mike Sharkey's Captain Tables Lunch (BR) 1:00 Cheft Chat (MDR) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 4:15 Wednesday Movie (AL) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:00 Music W/Peter 11:00 Coffee w/ Mike & Friends (HH) 12:00 Lunch (AL) 1:15 Tai Chi w/ AL (ALRA) 1:30 Art Class w/ Katya (3FL) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 7:00 Thursday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (AL) 1:30 Manicures w/ Gracie (ALRA) 5:00 Dinner (AL) 5:00 Happy Hour (MDR)	8:00 Breakfast (AL) 10:00 AM Walking Group 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch (AL) 2:00 Bingo (ALRA) 3:15 Afternoon Snacks and Chats (ALRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (AL)
8:00 Breakfast (AL) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (AL) 2:15 Dominoes (ALRA) 3:30 Sunday Afternoon Snacks and Chat (ALRA) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (AL) 4:00 Golden Hour Outside Gathering Time 4:15 Bingo! (HH) 5:00 Dinner (AL)	8:00 Breakfast (AL) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (AL) 2:00 Bingo! (MCRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 5:00 Happy Hour on the Roof Top (RT) 7:00 Tuesday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Morning Scenic Drive 12:00 Lunch (AL) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 4:15 Wednesday Movie (AL) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:00 Music W/Peter 11:45 Creative Lunch (MDR) 12:00 Lunch (AL) 1:15 Tai Chi w/ AL (ALRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 7:00 Thursday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (AL) 1:30 Manicures w/ Gracie (ALRA) 5:00 Dinner (AL) 5:00 Happy Hour (MDR)	Changes or Cancelations may occur
8:00 Breakfast (AL) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (AL) 2:15 Dominoes (ALRA) 2:30 Sing w/ Spense (MC) 3:30 Sunday Afternoon Snacks and Chat (ALRA) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (AL) 4:00 Golden Hour Outside Gathering Time 5:00 Dinner (AL)	8:00 Breakfast (AL) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (AL) 2:00 Bingo! (MCRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 5:00 Happy Hour on the Roof Top (RT) 7:00 Tuesday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Morning Scenic Drive 12:00 Lunch (AL) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 4:15 Wednesday Movie (AL) 5:00 Aldersly Family Support Group (Online) 5:00 Dinner (AL)	8:00 Breakfast (AL) 10:00 Music W/Peter 11:45 Creative Lunch (MDR) 12:00 Lunch (AL) 1:15 Tai Chi w/ AL (ALRA) 3:30 Golden Hour Outside Gathering Time 5:00 Dinner (AL) 7:00 Thursday Cinema (CMPR)	8:00 Breakfast (AL) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (AL) 1:30 Manicures w/ Gracie (ALRA) 5:00 Dinner (AL) 5:00 Happy Hour (MDR)	

Aldersly

LIFE IN BLOOM

ACTIVITY TYPES

● Arts and Crafts

● Emotional

● Entertainment

● Intellectual

● Outing

● Physical

● Presentation

● Social

● Spiritual

LOCATIONS

MDR = Main Dining Room

HH = Hendrix Hall

3FL = 3 Floor Lounge

Cafe = Cafe

BR = Board Room

SAR = Skagen Activity Room

RT = Roof Top

MSS = Mission Street Sidewalk Area

ALRA = Assisted Living Rec Area

MCRA = Memory Care Rec Area

ECA = Extended Care Area

BBL = Bocce Ball Lawn

AL = Assisted Living

MC = Memory Care

EC = Extended Care

CMPR = Cafe Multi Purpose Room

HAPPY BIRTHDAY!

JULY

RESIDENT BIRTHDAYS

VIVIAN PODESTA

AL 7/03

DEREK FONG

IL 7/07

MARIA HAYNES

MC 7/8

HERDIS VOGL

IL 7/11

TONY PORCARO

IL 7/28

JUDITH HUNT

AL 7/28

MOLLY WILKINSON

IL 7/28