

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2026 ALDERSLY Extended Care Community			8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Morning Scenic Drive 12:00 Lunch (ECA) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 5:00 Dinner (ECA)	8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Music W/Peter 11:00 Monthly Activity Forum (HH) 11:45 Creative Lunch (MDR) 12:00 Lunch (ECA) 1:15 Tai Chi w/ AL (ALRA) 4:00 Golden Hour Outside Gathering Time 5:00 Dinner (ECA)	Independence Day (substitute) 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 9:30 Catholic Communion Service St. Raphael's Church (HH) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower arrangement class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (ECA) 5:00 Dinner (ECA)	Independence Day 8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Independence Day BBQ (Cafe) 12:00 Lunch (ECA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (ECA)
8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch (ECA) 3:00 Snack and Chat (ECA) 5:00 Dinner (ECA)	8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch (ECA) 4:00 Golden Hour Outside Gathering Time 5:00 Dinner (ECA)	8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch (ECA) 2:00 Bingo! (MCRA) 3:30 A Musical Afternoon w/ Mads Tolling (HH) 4:00 Golden Hour Outside Gathering Time 5:00 Dinner (ECA)	8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 12:00 Lunch (ECA) 2:00 Afternoon Scenic Drive 3:30 Sing w/ Gerry (HH) 5:00 Dinner (ECA)	8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Music W/Peter 12:00 Lunch (ECA) 1:15 Tai Chi w/ AL (ALRA) 4:00 Golden Hour Outside Gathering Time 5:00 Dinner (ECA)	8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower arrangement class (ALRA) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch (ECA) 2:30 The Hula Dancers of Hale Aloha Pefromance (HH) 5:00 Dinner (ECA)	8:00 Breakfast (ECA) 9:00 The Daily Perk Round Up (ECA) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch (ECA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner (ECA)
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Aldersly

LIFE IN BLOOM

ACTIVITY TYPES

● Arts and Crafts

● Emotional

● Entertainment

● Intellectual

● Outing

● Physical

● Presentation

● Social

● Spiritual

LOCATIONS

MDR = Main Dining Room

HH = Hendrix Hall

3FL = 3 Floor Lounge

Cafe = Cafe

BR = Board Room

SAR = Skagen Activity Room

RT = Roof Top

MSS = Mission Street Sidewalk

ALRA = Assisted Living Rec Area

MCRA = Memory Care Rec Area

ECA = Extended Care Area

BBL = Bocce Ball Lawn

AL = Assisted Living

MC = Memory Care

EC = Extended Care

CMPR = Cafe Multi Purpose Room

HAPPY BIRTHDAY!

JULY

RESIDENT BIRTHDAYS

VIVIAN PODESTA

AL 7/03

DEREK FONG

IL 7/07

MARIA HAYNES

MC 7/8

HERDIS VOGL

IL 7/11

TONY PORCARO

IL 7/28

JUDITH HUNT

AL 7/28

MOLLY WILKINSON

IL 7/28

Changes or Cancelations

May Occur