

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2026 ALDERSLY Memory Care Community			8:00 Breakfast (MC) 10:00 Morning Scenic Drive 10:45 Story Time w/ Molly (MC) 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner 1	8:00 Breakfast (MC) 10:00 Music W/Peter 11:00 Monthly Activity Forum (HH) 11:45 Creative Lunch (MDR) 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 2	Independence Day (substitute) 8:00 Breakfast (MC) 9:30 Catholic Communion Service St. Raphael's Church (HH) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 3	Independence Day 8:00 Breakfast (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Independence Day BBQ (Cafe) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner 4
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner 5	8:00 Breakfast (MC) 10:30 Exercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 5:00 Dinner 6	8:00 Breakfast (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 2:00 Bingo! (MCRA) 3:00 The Happiness Hour (MCRA) 3:30 A Musical Afternoon w/ Mads Tolling (HH) 5:00 Dinner 7	8:00 Breakfast (MC) 10:45 Story Time w/ Molly (MC) 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner 8	8:00 Breakfast (MC) 10:00 Music W/Peter 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 9	8:00 Breakfast (MC) 10:00 Fresh Flower Arrangements Class (ALRA) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 2:30 The Hula Dancers of Hale Aloha Pefromance (HH) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 10	8:00 Breakfast (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner 11
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner 12	8:00 Breakfast (MC) 10:30 Exercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 1:30 Sing w/ Spense (MCRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 13	8:00 Breakfast (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 2:00 Bingo! (MCRA) 3:00 The Happiness Hour (MCRA) 4:00 A Musical Afternoon w/ Ian Scarfe (HH) 5:00 Dinner 14	8:00 Breakfast (MC) 10:00 Morning Scenic Drive 10:45 Story Time w/ Molly (MC) 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner 15	8:00 Breakfast (MC) 10:00 Music W/Peter 10:30 Aldersly Resident Council Meeting (HH) 11:45 Creative Lunch (MDR) 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 3:00 AL,MC,EC Birthday Celebrations 3:00 The Happiness Hour (MCRA) 5:00 Dinner 16	8:00 Breakfast (MC) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 17	8:00 Breakfast (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner 18
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner 19	8:00 Breakfast (MC) 10:30 Exercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 5:00 Dinner 20	8:00 Breakfast (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 1:30 Music With Arthur (MC) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 21	8:00 Breakfast (MC) 10:45 Story Time w/ Molly (MC) 11:00 MC/EC Picnic Outing 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner 22	8:00 Breakfast (MC) 10:00 Music W/Peter 11:00 Coffee w/ Mike & Friends (HH) 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 23	8:00 Breakfast (MC) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 24	8:00 Breakfast (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner 25
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 2:30 Sing w/ Spense (MC) 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner 26	8:00 Breakfast (MC) 10:30 Exercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 5:00 Dinner 27	8:00 Breakfast (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 2:00 Bingo! (MCRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 28	8:00 Breakfast (MC) 10:00 Morning Scenic Drive 10:45 Story Time w/ Molly (MC) 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Aldersly Family Support Group (Online) 5:00 Dinner 29	8:00 Breakfast (MC) 10:00 Music W/Peter 11:45 Creative Lunch (MDR) 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 30	8:00 Breakfast (MC) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 31	Changes or Cancellations May Occur

Aldersly

LIFE IN BLOOM

Activity Types

● Arts and Crafts

● Emotional

● Entertainment

● Intellectual

● Outing

● Physical

● Presentation

● Social

● Spiritual

Locations

MDR = Main Dining Room

HH = Hendrix Hall

3FL = 3 Floor Lounge

Cafe = Cafe

BR = Board Room

SAR = Skagen Activity Room

RT = Roof Top

MSS = Mission Street Sidewalk

ALRA = Assisted Living Rec Area

MCRA = Memory Care Rec Area

ECA = Extended Care Area

BBL = Bocce Ball Lawn

AL = Assisted Living

MC = Memory Care

EC = Extended Care

CMPR = Cafe Multi Purpose Room

Happy Birthday!

JULY

RESIDENT BIRTHDAYS

VIVIAN PODESTA

AL

7/03

DEREK FONG

IL

7/07

MARIA HAYNES

MC

7/8

HERDIS VOGL

IL

7/11

TONY PORCARO

IL

7/28

JUDITH HUNT

AL

7/28

MOLLY WILKINSON

IL

7/28