

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 MEMORY CARE COMMUNITY						
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner	8:00 Breakfast (MC) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 1:00 Story Time with Janelle (MC) 3:00 The Happiness Hour (MCRA) 3:30 Monthly Activity Forum (HH) 5:00 Dinner	8:00 Breakfast (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 2:00 Bingo! (MCRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Morning Scenic Drive 10:45 Story Time w/ Molly (MC) 11:00 Monthly Health & Wellness Meeting (HH) 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Music W/Peter 12:00 Creative Lunch (MDR) 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 9:30 Catholic Communion Service St. Raphael's Church (HH) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:30 Suncrest Presents Arts & Crafts Class (MC) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner	8:00 Breakfast (MC) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 1:30 Sing w/ Spense (MC) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 2:00 Bingo! (MCRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner 6:00 Fitz & Pieces Music Trio (MDR)	8:00 Breakfast (MC) 10:45 Story Time w/ Molly (MC) 11:00 Captioned Phones for Hearing Impaired Resodents Presentation (HH) 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Music W/Peter 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Sing w/ Gerry (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner	8:00 Breakfast (MC) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 11:00 MuttVille Dog Visit (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 2:00 Bingo! (MCRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Morning Scenic Drive 10:45 Story Time w/ Molly (MC) 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Music W/Peter 11:00 Coffee w/ Mike & Friends (HH) 12:00 Creative Lunch (MDR) 12:00 Lunch 12:00 Lunch BBQ in the Cafe (Cafe) 3:00 AL,MC,EC Birthday Celebrations 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:00 Library Beyond Walls (HH) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Mindful Masterpieces w/ Gracie (ALRA) 5:00 Dinner
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 2:30 Sing w/ Spense (MC) 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner	8:00 Breakfast (MC) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 11:15 Exercise w/ the Activity Team (ALRA) 12:00 Lunch 2:00 Bingo! (MCRA) 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 10:45 Story Time w/ Molly (MC) 11:00 MC Picnic Outing 12:00 Lunch 2:00 Afternoon Scenic Drive 3:00 The Happiness Hour (MCRA) 3:30 Sing w/ Gerry (HH) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Music W/Peter 11:00 Tivoli Meeting (HH) 12:00 Lunch 1:15 Tai Chi w/ AL (ALRA) 2:00 Yvonne's Fearless Painters Class 3:00 The Happiness Hour (MCRA) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Andrew's Community Corner (Open Office Hours) 10:00 Fresh Flower Arrangements Class (ALRA) 10:45 Story Time w/ Molly (MC) 11:15 Exercise w/ the Activity Team (MCRA) 12:00 Lunch 1:30 Manicures w/ Gracie (ALRA) 3:00 The Happiness Hour (MCRA) 4:00 Trinity Alps Trio Musical Performance feat Ian Scarfe (HH) 5:00 Dinner	8:00 Breakfast (MC) 10:00 Sing w/ Gerry (MC) 11:00 Rhythm & Balance w/ Torri (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 4:00 Ross Valley Players Music Perfomance (HH) 5:00 Dinner
8:00 Breakfast (MC) 10:30 Toni Dee Senior Fitness & Care Exercise Class (HH) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 3:30 Afternoon Walks w/ Wubi 5:00 Dinner	8:00 Breakfast (MC) 10:30 Excercise w/ Ruth (ALRA) 10:30 Music w/ Leslie (MC) 12:00 Lunch 3:00 The Happiness Hour (MCRA) 5:00 Dinner					

Aldersly

LIFE IN BLOOM

Activity Types

Arts and Crafts

Emotional

Entertainment

Intellectual

Outing

Physical

Presentation

Social

Spiritual

Locations

MDR = Main Dining Room

HH = Hendrix Hall

BFL = 3 Floor Lounge

Cafe = Cafe

BR = Board Room

SAR = Skagen Activity Room

RT = Roof Top

MSS = Mission Street Sidewalk

ALRA = Assisted Living Rec Area

MCRA = Memory Care Rec Area

ECA = Extended Care Area

BBL = Bocce Ball Lawn

AL = Assisted Living

MC = Memory Care

EC = Extended Care

CMPR = Cafe Multi Purpose Room

Happy Birthday!

AUGUST

RESIDENT

BIRTHDAYS!

Jane Reynolds

IL 8/1

Nancy Lewis

MC 8/2

Mary Jo Simon

IL 8/5

Yvonne Brown

AL 8/5

Victoria DeMasi

MC 8/15

Richard Klein

IL 8/17

William Moore

IL 8/25

Albert Brewster

IL 8/27

ALDERSLY

Senior Community Life in Bloom

(All Activities are scheduled to change)